



120 YEARS OF MENTORING

Big Brothers Big Sisters (BBBS) is the largest and most experienced youth mentoring network in the United States. Locally, BBBS has been creating and supporting mentoring relationships for Granite and Green Mountain state youth ages 6-18 for almost 60 years.

PROACTIVE APPROACH. LONG-TERM OUTCOMES

New research conducted by Harvard University and the US Dept. of Treasury reveals that unlike traditional education-based interventions, community mentorship is a <u>cost-effective</u>, <u>high impact solution</u> with transformative benefits for young people, the talent pipeline, and society.

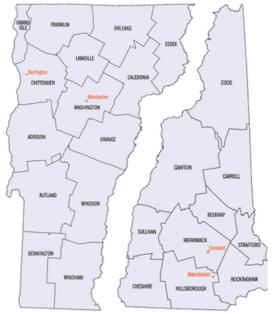
Rooted in 30 years of data, the study provides evidence of greater enrollment in higher education, increased salaries, reduced dependency on social services, and improved behavioral outcomes for

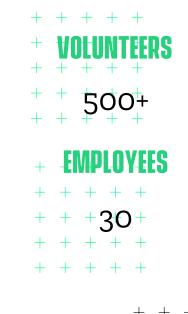
mentored youth vs. their non-mentored peers.













Meet Bri and Sandy

For as long as she can remember, both of her parents were addicted to drugs. Her mother has been in and out of prison over the course of Bri's life and her father died of alcoholism when he was 37. She returned to live with her grandmother because she and her brother lacked proper nutrition, and it was taking a toll on their health. About the same time, her grandmother mentioned Big Brothers and Big Sisters and suggested they sign Bri up to be paired with a Big Sister.

Bri wasn't so sure about this but gave it a try. The age difference, for starters, led Bri to think the two would have little in common. She also did not have many trusting relationships with adults in general. Then, the two started doing things together. They went to a performance of The Nutcracker. They've painted, hiked, fished, cooked, shopped, taken long walks and enjoyed many meals together, including meals they prepared. Sandi is often cheering with other fans as Bri competes in cross country and track meets. All the while, they've shared stories and stayed connected through the years. "I see Sandy as a friend, and I have seen her as a mentor and a really strong role model to look up to."

No one in Bri's family—including her parents and siblings—went to college, and many dropped out of high school. Sandy says one positive relationship can turn any life around, and she notes that while her Little Sister was shy when they were first matched, they had many interests in common. "It's been a pleasure to see Bri grow in confidence and make choices about what she wants to do and what's best for her, even though she's still a people-pleaser and would never hurt anyone's feelings," says Sandy. Bri has since graduated high school, finished her first year of college and is on track to potentially graduate early. All the while Sandy has stayed in her corner and has been there as a mentor. They still talk and get together for a meal when Bri is back from school. Bri has also become a Youth Ambassador for BBBS, helping with telling her story and advocating for mentorship for young people.